



IMPLEMENTING BEHAVIOR PLANS

Once a plan is developed the next step is to implement it consistently and accurately across people, settings, and activities. This allows the child to have frequent opportunities to learn, and be reinforced for their new skill in order to achieve fluency and generalization.

First, it is important to identify that the team has all the necessary materials and modifications in place. All adults, including para-professionals, related service providers and family members, who are involved with implementing the behavior plan should be trained on each step of the plan so it is implemented with fidelity.



A plan should have an established system for collecting data on child behavior to show if the predicted changes are occurring based on the implementation of the plan. The team should meet frequently to update each other on progress, review data, and make decisions based on data collection.

Vignette: Kyla is a three-year old girl who has a diagnosis of autism. Kyla is demonstrating challenging behavior in the form of scratching adults. An FBA was conducted, and found that she is scratching whenever a preferred activity ends. A behavior plan is developed to teach Kyla how to ask for those activities using a communication symbol, and to give her more access to those preferred activities. Activity schedules will help Kyla know when she will get a preferred activity, and her access to those activities serves as the reinforcement. This plan requires that materials be prepared (activity schedules), and modifications made to the schedule so Kyla has more opportunities with her preferred activities. The teacher then provides training for her paraprofessional, by posting written instructions, and then modeling for the paraprofessional the implementation process with Kyla in class during the first two days the plan is in place.

The teacher monitors Kyla's success for learning her new behavior, and the impact of the plan on her use of scratching, by rating Kyla's behavior for each routine across the day. Kyla's teacher summarizes this data by tallying the score from each routine so that she has a total score for the day for each behavior (symbol use and scratching). She plots these total scores on a graph, which lets her see Kyla's behavior over time. This helps her to know that Kyla's use of communication symbols is increasing, while her challenging behavior is decreasing. The teacher shares Kyla's response to the intervention strategies of the plan, and her progress in learning new communication skills with Kyla's family using a daily home school communication sheet.

FEATURED ARTICLE

Assessment and Implementation of Positive Behavior Support in Preschools

<http://www.cehd.umn.edu/ceed/events/summerinstitute/2008institute/2008pbsresources/articles/assessmentandimplementationofpbs.pdf>

"What?"; "I Don't Understand"; and "Pardon?": Using Communication Breakdowns to Encourage Communication

<http://journals.sagepub.com/doi/pdf/10.1177/109625060600900301>

CHILDREN'S BOOKS



When I Feel Angry

By Cornelia Maude Spelman



Hands Are Not for Hitting

By Martine Agassi, Ph.D.



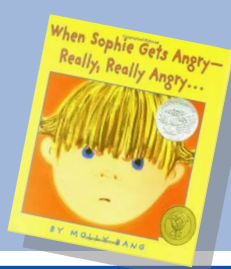
Feel Confident!: A book about self-esteem

By Cheri J Meiners, M.Ed.



When Sophie Gets Angry—Really, Really Angry

By Molly Bang



EFFECTIVE TEACHING



BEHAVIOR PLAN IMPLEMENTATION TO DO LIST:

CHANGES TO THE CLASSROOM/ENVIRONMENT NEEDED:

Make new pictures for Kyla's activity schedules
Put together Kyla's activity schedules for: centers; circle; tabletop; snack; play-time

TEACHING MATERIALS FOR THE CHILD:

Make communication pictures for Kyla

CHILD REINFORCERS:

Make sure Kyla's favorite materials are accessible for reinforcement during classroom activities

TRAINING MATERIALS FOR ADULTS:

Type up instructions that explain how to implement plan for adults

Make schedule of training

Make schedule of who will be with Kyla when

Post instructions and schedules

Share instructions and schedules with adults

COMMUNICATION SYSTEM WITH FAMILY:

Set up time to meet with family to talk about behavior at school

Make communication sheet about Kyla's behavior to share with family

DATA COLLECTION SYSTEM:

Make behavior rating scale data sheet

Make copies of data sheet

TRICKS OF IMPLEMENTATION

- Guiding Young Children's Behavior
<http://www.easternct.edu/cece/guiding-behavior-video/>



PARENT RESOURCES

- How to Help Your Child Recognize and Understand Jealousy
http://cainclusion.org/teachingpyramid/materials/family/bkpk_jealousy.pdf
- How to Use Positive Language to Improve Your Child's Behavior
http://cainclusion.org/teachingpyramid/materials/family/bkpk_positive_language.pdf



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