

Come Discover, Learn,Work!

# **Transition and Career Services**

Ability Beyond assists transitioning students and other young adults in discovering their unique strengths and learning the skills necessary to obtain meaningful employment and achieve their goals!

- We support the seamless transition of individuals into adulthood by offering opportunities for meaningful employment, continuing education, interest based community experiences, and personal success.
- Our comprehensive curriculum offers individualized instruction in social dynamics, research and technology skills, real world academics, life skills, and employability.
- Applied learning is supported at our host businesses (Roses for Autism, La Quinta, Pepsi-Cola, Printability, and Uniqlo) in addition to individualized internships and self-employment opportunities.
- We work closely with our community partners to achieve individual career goals through specific career-related training and linkages to local colleges for continuing adult education.
- Our services are located in CT throughout Greater Hartford, New Haven Shoreline, and Fairfield County as well as in NY throughout Northern and Southern Westchester County and Putnam County.
- We also assist adults who have experienced chronic unemployment or underemployment in our Workforce Opportunities, a short-term evaluation service that focuses on identifying strengths, interests, and preferences, and gaining selfconfidence through positive work experience. A career portfolio and future recommendations are provided.









### Our Holistic Approach to a Seamless Transition

First Job Valuable Work Experience	Adult Continuing Education	Community Practicum	Meaningful Employment and Personal Success
• Work assignments in dynamic businesses	<ul> <li>Professional and Technical skills</li> </ul>	<ul><li>Internships</li><li>Volunteerism</li></ul>	<ul><li>Job placement</li><li>Follow up support</li></ul>
• Environments foster success and ability to learn from mistakes	<ul><li>Self-advocacy</li><li>Social dynamics</li><li>Life skills</li><li>College linkages</li></ul>	<ul> <li>Discovery opportunities</li> <li>Networking</li> <li>Applied learning</li> </ul>	<ul> <li>Natural supports and community connections</li> </ul>



## **Transition is a Journey!**



Josh came to us part-time during the 2014-15 school year while he was still working on completing his academic requirements for graduation. He continued on full time in the fall of 2015 where he learned many skills related to employment such as taking direction from different supervisors, dealing with customers over the phone and in person, and maintaining professional behavior. According to Josh, "I've changed so much in the last year." In November, he applied at a Kohl's department store for a seasonal position where he worked the cash register and in the electronics department. When the holiday season was over, Josh immediately applied for other positions and was soon hired by Walgreens, primarily as a cashier, where he now can work up to 40 hours per week. When he is not working there, he single-handedly manages the cash register at the Roses for Autism storefront and processes orders for shipping. He is an excellent team player, working well with many different personalities and abilities, and shows strong leadership skills in getting work done – defying expectations all around!



Our newest intern, Ian, who has been unemployed for 11 years, learns how to use the cash register in hopes of finding employment in the near future. Too many like him have been sitting at home with nothing to do because they never received proper transition services and needed some support to obtain and maintain employment. For Ian, our career services are opening doors as he learns about various types of careers and acquires new skills!

### Frequently Asked Questions

#### How do year summer career training services work?

Our summer career training services are offered on a full-time or part-time basis. We provide rolling admissions and flexible hours when individually appropriate.

#### What is the tuition?

We offer monthly and daily tuition rates to accommodate individual needs. Interns and/or their families may choose to privately pay for services or they may qualify for funding from various public agencies. We will work with you to determine eligibility.

#### What else is required?

Interns must have a desire to work in the future and be willing to participate in our career training services. A physical exam and record of current TB vaccination is necessary for interns and people undergoing an evaluation.

#### Why choose Ability Beyond's Transition Services?

Everyone is an individual, one size does not fit all. We recognize personal strengths, interests, and preferences. Ability Beyond has an excellent reputation for serving the young adult and transitioning student population with demonstrated employment and valued life outcomes. We are a model demonstration site of the University of Connecticut Center for Excellence in Developmental Disabilities for Research, Training and Service.

#### How do I get more information about Discover Learn Work or arrange a tour?

Please call Information and Referral at 888.832.8247 to request more information or arrange a tour at one of our locations!