

**THE UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL  
DISABILITIES**

**DATA REPORT:**

**Parental Perceptions of Child Behavior, Attachment and Well Being for Children Adopted  
from China**

**2008**

**University of Connecticut  
A.J. Pappanikou Center  
for Excellence in Developmental Disabilities Education, Research, and Service  
UConn Health Center – MC 6222  
263 Farmington Ave.  
Farmington, CT 06030**

THE UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES

DATA REPORT

Parental Perceptions of Child Behavior, Attachment and Well Being for Children Adopted from China

2008

**INTRODUCTION**

The objectives of the study Parental Perceptions of Child Behavior, Attachment and Well Being for Children Adopted from China are to gather, synthesize, and analyze information about the development of children adopted from China and the experiences of their adoptive parents. This information will comprise one of the few databases in North America to document the strengths, needs, and concerns of this growing population of families, who adopt a child from China. Potential benefits of creating this database are: 1) to provide information to families who have adopted or wish to adopt a child who seek knowledge of the experiences of other adoptive families; and 2) to inform personnel who work with families and seek the knowledge necessary to collaborate more effectively and provide culturally competent services to families who have adopted a child from China.

The population of American families who are adopting children from China has increased 62% in the past decade (Kane, 1993). Approximately 47,500 Chinese children have been adopted by American families since 2004 (U.S Department of State, 2005). Many of these children lived in state-run child welfare institutions prior to adoption where they experienced inadequate quality of care. Little is known about how deprivation in these early years might affect later development in these children. Few studies have examined outcomes for adopted children and their adoptive parents. Studies that have compared school aged adopted children to non-adopted

children have generally found greater developmental problems among adopted children from middle childhood to adolescence (e.g., Brodzinsky, 1993; Howe, 1997). Additionally, many young children who are adopted from China have diverse special needs and developmental disabilities that require various types of early intervention services. This study will create a database of information about the experiences of caregivers and their children who are adopted from China and document parental perceptions of their child's developmental progress. The purpose of the study is to predict child attachment and parent family well being with the focus on child behavior as the main predictors.

## **METHODOLOGY**

### **Procedure**

Participants for the survey were collected through emails to adoption agencies and parents of past research projects and posting the study on the web. The questionnaire was an online survey through survey monkey, parents had the option of contacting the Center to request a paper copy, however no such requests were made.

***Listserv Recruitment:*** We contacted adoption agencies in May 2007 and sent emails to 50 adoption agencies. Most agencies used email or newsletters to access their population describing the purpose of the study and the types of questions that would be asked. We also contacted Families with Children from China (FCC) directly and they posted the survey link on their web page <http://www.fwcc.org/>. In addition based on our previous Chinese Adoption Survey 330 emails to families were sent asking them to participate.

***Questionnaire:*** The questionnaire was developed with Dr. Carl Dunst and Dr. Tony Xing Tan from the University of South Florida (see Appendix A for a copy of the survey). This

survey was self-administered on-line and designed to gather information about the experiences of families who adopt children from China.

**Data Management:** As questionnaires were received research staff entered the data into an SPSS database. If questions were not answered, or the answers were not clear research staff contacted the participant by mail or email to get clarification on items. A random seventy percent of the surveys were re-entered resulting in data entry errors of less than 1%, establishing high data entry reliability.

## **DATA ANALYSIS**

Descriptive statistics (means, frequencies, percentages, and cross plots) were calculated for the quantitative data. Significance testing was conducted to evaluate significant difference between groups. The results from the data analysis of the survey are presented in the following results section.

## **RESULTS**

A total of 474 surveys were completed however because of the survey format participants could skip questions and choose not to answer some of them, therefore the total responses vary per question and the percentages are calculated based on the total number that answered that particular question.

The results are presented in categories similar to the survey:

- 1) Background of Child and Parent; 2) First Impressions of Child; 3) Child's behavior Immediately after Adoption; 4) Child's Behavior after being home; 5) Concerns about Child's Behavior; 6) Child Services; 7) Parent Child Relationship; 8) Parent and Family Well Being; and 9) Helpfulness of Supports/Information.

### Background of Child and Parent

The average age of the parent completing the survey was 43.58 years with a standard deviation of 5.96 with a range from 31-61 years. The majority of parents completing the survey were the child's mother (96%) and 4% were the child's father and the majority were white (94%). Participants responded that they were Catholic (25%), had no religion (18%), Christian (14%) and a variety of other religions (Table 1). Fifty-four percent of respondents regularly go to church and 42% are active in their church. Seventy-five percent of respondents were married and half (53%) were employed full time. Seventy-one percent of spouses were currently working full time. Eight-five percent of the respondents had a college degree or higher and there was a wide range of income levels from less than \$19,000 to over \$150,000 (Table 1).

*Table 1. Parent Characteristics (n=474)*

	<b>Mean</b>	<b>S.D.</b>
<i>Age of Parent</i>	43.58	5.96
	<b>Freq.</b>	<b>Percent</b>
<i>Relationship to Child</i>		
Mother	418	96%
Father	19	4%
<i>Ethnic background</i>		
White	394	94%
Multiracial	10	2%
Asian	5	1%
Native American	3	1%
Latino/Hispanic	1	.2%
Other	7	2%
<i>Religious Affiliation</i>		
Catholic	105	25%
None	74	18%
Christian	60	14%
Protestant	26	6%
Jewish	20	5%
Methodist	20	5%
Presbyterian	19	5%
Other	96	23%
<i>Regularly go to Church</i>		
Yes	233	54%
No	195	46%

<i>Active in your Church</i>		
Yes	179	42%
No	245	58%
<i>Marital Status</i>		
Married	327	75%
Never married	73	17%
Co-parenting relationship	13	3%
Divorced/separated before adoption	19	4%
Divorced/separated after adoption	1	.2%
Widowed before adoption	1	.2%
Widowed after adoption	1	.2%
<i>Currently employed</i>		
Yes-Full time	227	53%
Yes-Part time	84	20%
No	118	28%
<i>Spouse currently employed</i>		
Yes-full time	306	71%
Yes-Part time	21	5%
No	16	4%
Do not have a spouse	89	21%
<i>Highest educational attainment</i>		
High school	10	2%
Some college	56	13%
College	158	37%
Master's	136	32%
Doctoral	68	16%
<i>Income(in thousands)</i>		
Less than \$19	2	.5%
\$20-29	2	.5%
\$30-39	9	2%
\$40-49	15	4%
\$50-59	32	8%
\$60-69	28	7%
\$70-79	41	10%
\$80-89	29	7%
\$90-99	24	6%
\$100-109	54	13%
\$110-119	29	7%
\$120-129	24	6%
\$130-139	17	4%
\$140-149	16	4%
\$150-and up	89	22%

Respondents answered the survey in regard to the most recently adopted child from China (if they had more than one). The average current age of their child adopted from China was 53.17 months or 4.43 years, with a standard deviation of 29.86 months and a range of 10 months to 184 months or 15 years. The child's age at adoption ranged from 1 month to 166 months or 13.83 years, with a mean age of adoption of 16.81 months with a standard deviation of 14.66 months. The majority of the children were female (94%) and there were 30 male children. Thirty-five percent of children were in foster care and 63% were not and 2% of parents did not know if their child was in foster care prior to adoption. A quarter of children were a waiting child (25%), 66% were not and 10% of parents did not know. Seventy-one percent of parents responded that their child had a special need or a disability and of those 27% were diagnosed by a specialist, 9% by the child's doctor and 65% of parents reported someone other than a specialist or the child's doctor.

*Table 2. Child Characteristics (n=474)*

	<b>Mean</b>	<b>S.D.</b>
<i>Age of Child</i>	53.17	29.86
<i>Child's age at time of adoption</i>	16.81	14.66
	<b>Freq.</b>	<b>Percent</b>
<i>Gender of Child</i>		
Female	440	94%
Male	30	6%
<i>Child in Foster Care</i>		
Yes	162	35%
No	293	63%
Don't know	10	2%
<i>Child a Waiting Child</i>		
Yes	115	25%
No	307	66%
Don't know	46	10%
<i>Child have a disability or special need</i>		
No	136	29%
Yes	331	71%
Craniofacial	39	20%

Speech/hearing	20	10%
Orthopedic	13	7%
SHCN – cardiac	13	7%
Visual	13	7%
Neurological	11	6%
Behavioral health	11	6%
Genetic syndrome	10	5%
SHCN – hepatic	10	5%
Other (motor delays, Cerebral Palsy, ADHD, ASD, etc)	55	28%
<i>Who diagnosed this condition</i>		
Specialist	39	27%
Child’s Doctor	13	9%
Other	95	65%
Professionals in China	65	68%
Multiple people	22	23%
Parent/Visible disability	4	4%
EI providers in the US	3	3%
Medical/health professionals in the US	1	1%

### First Impressions of Child

Respondents were asked to indicate what they first noticed about their child the very first time they met him or her (Table 3).

*Table 3. First Impressions of Child (n=474)*

	Not At All True		A Little True		Somewhat True		Very True	
	Freq	%	Freq	%	Freq	%	Freq	%
Avoided eye contact with me	207	45%	107	23%	73	16%	72	16%
Wanted me to hold him/her	108	24%	78	17%	106	23%	167	36%
Cried for no particular reason	280	71%	70	15%	62	14%	48	10%
Often goes into a rage	340	75%	58	13%	38	8%	20	4%
Enjoyed being with me	74	16%	110	24%	111	24%	161	35%
Refused to be fed by me	330	72%	56	12%	28	6%	42	9%
Liked me giving her/him affection	65	14%	104	23%	105	23%	183	40%
Resisted my attempts to be helpful	258	56%	101	22%	57	12%	42	9%
Wanted me to play with her/him	77	17%	83	18%	101	22%	193	43%



### Child's behavior Immediately after Adoption

Parents were asked to think back about their child's behavior 3 to 4 weeks following the time they received him or her (upon returning home) the results are listed in Table 4.

*Table 4. Child's Behavior Immediately after Adoption (n=474)*

	<b>Not At All True</b>		<b>A Little True</b>		<b>Somewhat True</b>		<b>Very True</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
Cried often and a lot	246	54%	118	26%	51	11%	37	8%
Smiled at me	22	5%	65	14%	101	22%	264	58%
Wanted me to be with her/him all the time	31	7%	73	16%	114	25%	235	52%
Preferred being alone	388	86%	38	8%	18	4%	7	2%
Seemed to be afraid of me	391	87%	41	9%	9	2%	10	2%
Showed affection toward me	42	9%	90	20%	138	31%	179	40%
Resisted my attempts to play with him/her	372	83%	51	11%	20	4%	8	2%
Seemed to be afraid of my spouse	274	70%	47	12%	39	10%	31	8%
Liked being held and comforted by me	26	6%	48	11%	82	18%	295	65%
Liked being held by my immediate family	78	18%	104	24%	139	32%	119	25%
Went to strangers willingly	222	50%	92	21%	71	16%	63	14%
Liked being held by others not in my immediate family	220	49%	106	24%	72	16%	48	11%
Adjusted to being held and comforted by me	12	3%	34	8%	71	16%	326	74%

### Child's Behavior after being home

Parents were then asked about their child's behavior during the first 6 to 8 months after they returned home (Table 5).

*Table 5. Child Behavior after being home (n=474)*

	<b>Not At All True</b>		<b>A Little True</b>		<b>Somewhat True</b>		<b>Very True</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
Developed a good sleeping routine	56	13%	54	12%	109	24%	229	51%
Is clingy/won't let me out of her/his sight	122	27%	129	29%	119	27%	77	17%
Enjoys his/her new surroundings	3	1%	20	5%	83	19%	340	76%
Easily becomes upset if I ask her/his to do something	292	68%	82	19%	44	10%	14	3%
Easily upset if in new surroundings	231	52%	137	31%	47	11%	31	7%
Has adjusted well to our family routine	11	3%	11	3%	88	20%	337	75%
Easily upset if there is a change in routine	161	36%	161	36%	82	19%	39	9%
Does not like being around other people	323	72%	78	17%	34	8%	13	3%
Has developed good eating habits	23	5%	36	8%	66	15%	319	72%
Often goes into a rage	314	71%	91	20%	26	6%	14	3%
Won't listen/is defiant	243	55%	134	30%	39	9%	28	6%
Goes to strangers willingly	222	50%	120	27%	65	15%	38	9%

### Concerns about Child's Behavior

Parents were asked to indicate if they had any concerns about their child's behavior that worry or bother them at this time (Table 6).

*Table 6. Concerns about child's behavior (n=474)*

	<b>Not At All Concerned</b>		<b>A Little Concerned</b>		<b>Somewhat Concerned</b>		<b>Very Concerned</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
Eating too little or too much	317	71%	81	18%	38	9%	9	2%
Communicating with you	351	79%	59	13%	23	5%	12	3%
Communicating with others	310	71%	80	18%	37	8%	13	3%
Getting along with other children/siblings	330	74%	80	18%	25	6%	9	2%
Easily getting upset or frustrated	239	54%	128	29%	61	14%	16	4%

Sleeping too little or too much	364	82%	54	12%	18	4%	9	2%
Being sick a lot	405	91%	27	6%	7	2%	5	1%
Going to sleep in own room	309	70%	62	14%	46	10%	25	6%
Showing affection toward me	391	88%	36	8%	13	3%	5	1%
Resisting changes in routine	339	76%	83	19%	19	4%	3	1%
Learning the language you speak	377	85%	43	10%	17	4%	9	2%
Often going into a rage	349	79%	69	16%	12	3%	12	3%
Getting along with adults in the family	417	94%	15	3%	9	2%	5	1%
Going to others willingly	339	76%	82	19%	15	3%	8	2%
Being defiant	272	61%	116	26%	36	8%	20	5%
Other			<b>Freq</b>				<b>%</b>	
Speech/language issues			11				11%	
Multiple concerns			9				9%	
Sensory issues			7				7%	
Sleep issues			6				6%	
Eating/food issues			5				5%	
Control issues			5				5%	
Aggression issues			5				5%	
Separation anxiety			5				5%	
Other (lying/stealing, lack of attachment, cognitive issues, etc)			29				35%	

### Child Services

Parents were asked for information about any services their child currently received or received in the past from persons other than your family (Table 7).

*Table 7. Child Services (n=474)*

	<b>Never Received</b>		<b>Used to Receive</b>		<b>Currently Receives</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
Early intervention	308	71%	92	21%	36	8%
Child care	153	35%	87	20%	197	45%
Preschool special education	363	83%	32	7%	41	9%
Special education in school	403	94%	4	1%	21	5%
English language learning	392	91%	17	4%	22	5%
Nursing care	424	98%	6	1%	1	.2%

Attachment therapy	415	96%	9	2%	7	2%
Occupational therapy	373	86%	39	9%	23	5%
Physical therapy	385	90%	30	7%	15	4%
Nutritional therapy	409	95%	15	4%	6	1%
Speech/language therapy	312	72%	59	14%	65	15%
Behavior therapy	408	95%	15	4%	7	2%
Adoption social work visit	217	50%	183	42%	33	8%
Specialists	291	70%	46	11%	82	20%
Cardiology specialists	362	91%	21	5%	13	3%
Pulmonary specialists	387	98%	4	1%	4	1%
Orthopedic specialists	370	93%	13	3%	13	3%
Surgeries	189	68%	69	25%	21	8%
Other Services	57	43%	30	23%	45	34%

Respondents were also asked to provide specific examples of the surgeries their children underwent. Twenty percent of respondents (n=30) stated that their children had ear tube surgery, 13% (n=20) reported surgery to repair a cleft palate, followed by 12% (n=19) who said their children had surgery to repair a cleft lip. Seven percent of respondents (n=10) each reported surgeries regarding tonsils, adenoids, dental issues, and the eyes. In addition, 5% of respondents (n=7) reported heart surgery and 19% of respondents reported surgeries on other parts of the body, such as hands/fingers, hernias, tear ducts, and feet/toes.

Parents were also asked to provide examples of other services that their children received. 64% of respondents (n=54) stated that their children receive some type of medical service, 13% (n=11) reported that therapy/developmental services are received, and 11% (n=9) said their children receive dental services. In addition, 8% (n=7) of respondents stated that their children receive education services, 4% (n=3) reported that that their children receive equipment, and 1% (n=1) said that their child receives child care.

## Parent/Child Relationship

Parents were asked questions about their relationship with their child (Table 8).

*Table 8. Parent/Child Relationship (n=474)*

	Never		Rarely		Occasionally		Often		All the time	
	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%
I feel competent and confident caring for my child	-	-	3	1%	12	3%	183	42%	237	55%
My child feels safest when he or she knows I am around	2	1%	8	2%	20	5%	154	35%	252	58%
I very much think of my child as my own child	3	1%	1	.2%	6	1%	20	5%	406	93%
My child could care less if I left him or her alone	169	39%	151	35%	89	21%	16	4%	5	1%
My affective feelings toward my child are strong	1	.2%	3	1%	11	3%	35	8%	382	88%
My child hugs and kisses me if I have been away from him or her	8	2%	8	2%	32	7%	89	21%	295	68%
My child becomes sad or fearful if I am away from him or her	17	4%	122	28%	207	47%	63	14%	28	6%
I want other people to know how proud I am about my child	2	1%	3	1%	16	4%	62	14%	354	81%
I am impatient when I am with my child	31	7%	202	47%	174	40%	21	5%	5	1%
I don't spend as much time with my child as I should	97	22%	170	39%	130	30%	27	6%	11	3%
My child seeks me out if he or she becomes upset	4	1%	7	2%	29	7%	122	28%	273	63%
My child won't let me out of his or her sight	75	17%	174	40%	130	30%	42	10%	13	3%
I very much enjoy taking care of my child	2	1%	4	1%	11	3%	119	27%	300	69%

My child does seem interested in me playing with him or her	30	7%	16	4%	17	4%	120	28%	250	58%
My child and I are warm and affectionate toward each other	2	1%	5	1%	14	3%	74	17%	340	78%
I feel tense and anxious caring for my child	258	59%	128	29%	39	9%	8	2%	2	1%
I make good judgments about my child	1	.2%	3	1%	9	2%	219	51%	202	47%
I feel my child has bonded to me	4	1%	-	-	13	3%	58	13%	361	83%
I feel I have bonded to my child	4	1%	3	1%	9	2%	39	9%	380	87%

Parent and Family Well Being

Parents were asked about how life is for them and for their family (Table 9).

*Table 9. Parent and Family Well Being (n=474)*

	<b>Not At All True</b>		<b>A Little True</b>		<b>Somewhat True</b>		<b>Very True</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
I am happy with how my life is going	7	2%	3	1%	104	24%	322	74%
Family meal times are stressful	232	53%	124	28%	72	17%	7	2%
Our family likes spending time together	1	.2%	3	1%	42	10%	388	89%
Some days it is hard for me to “get going”	177	41%	139	32%	92	21%	27	6%
I enjoy relaxing with other family members	-	-	12	3%	85	20%	337	78%
Family members drive each other crazy	187	43%	197	45%	43	10%	7	2%
I let little things bother me	128	30%	231	53%	66	15%	9	2%
Our family has the best life possible	3	1%	15	4%	190	44%	225	52%

Helpfulness of Supports/Information

Parents were asked about the extent to which different sources of support and information were helpful to them as a parent of an adopted child (Table 10).

Table 10. Helpfulness of Supports/Information (n=474)

	Not Used		Never		Rarely		Occasionally		Often		All the time	
	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%
My spouse or partner	65	16%	1	.2%	3	1%	20	5%	116	28%	205	50%
Professionals (doctors, teachers, therapists)	21	5%	8	2%	57	13%	188	44%	136	32%	22	5%
My adoption agency	71	17%	85	20%	114	27%	102	24%	39	9%	20	5%
My adoption social worker	90	21%	104	24%	114	26%	77	18%	30	7%	18	4%
Other parents	9	2%	3	1%	36	8%	143	33%	195	45%	47	11%
Church members	179	42%	39	9%	54	13%	72	17%	58	14%	20	5%
Online groups (yahoo)	63	15%	14	3%	51	12%	117	27%	134	31%	48	11%
Online courses	162	77%	5	2%	8	4%	19	9%	10	5%	5	2%
<b>Type of course</b>	<b>Freq</b>						<b>%</b>					
Attachment/bonding	10						22%					
Adoption	9						20%					
Adoption Learning Partners	5						11%					
Parenting	4						9%					
Race/transracial issues	3						7%					
Other topics (discipline, development/delays, grief/loss, etc)	14						31%					
	Not Used		Never		Rarely		Occasionally		Often		All the time	
	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%	Freq	%
Books	33	12%	-	-	12	4%	131	46%	103	36%	3	1%
<b>Type of book</b>	<b>Freq</b>						<b>%</b>					
Adoption	114						28%					
Attachment/bonding	68						16%					
Parenting	66						16%					



Medical issues	19						5%					
Development/delays	19						5%					
Other topics (toddlers, sensory issues, discipline, behavior, etc)	128						31%					
	<b>Not Used</b>		<b>Never</b>		<b>Rarely</b>		<b>Occasionally</b>		<b>Often</b>		<b>All the time</b>	
	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>	<b>Freq</b>	<b>%</b>
Articles	7	4%	1	1%	10	5%	88	47%	62	33%	19	10%
<b>Type of article</b>	<b>Freq</b>						<b>%</b>					
Adoption	72						33%					
Attachment/bonding	34						16%					
Parenting	25						11%					
Medical issues	12						6%					
Development/delays	12						6%					
Other (China, sensory issues, education, abandonment, etc)	63						29%					

## **SUMMARY**

The information collected in this study provides invaluable knowledge for personnel who work with families who adopt children from China. Currently, there is no empirical data that has been systematically collected that documents the strengths, needs, and concerns of families who adopt a child from China. It also provides information to families who have adopted or wish to adopt a child from China.

## **APPENDIX A: SUREVY**

## Parent Survey of Children Adopted from China

Thank you for taking the time to complete this survey. Your responses will help us learn more about how adopted children adjust to their new families. Please answer all the questions unless you feel uncomfortable with any of them.

### Section A: Please Tell Us About Your Child(ren)

1. What is the age and gender of the child you most recently adopted from China? (If you have adopted more than one child, please complete this survey on just the most recently adopted child.)
  - a. Current Age: \_\_\_\_\_ (Years, Months)
  - b. Gender:  Male  Female
  - c. Birth date: \_\_\_\_\_
  
2. What was your child's age at the time of adoption?  
\_\_\_\_\_
  
3. Was your child in foster care?  
 Yes  
 No  
 Don't know
  
4. Was your child a waiting child?  
 Yes  
 No  
 Don't know
  
5. Does your child have a disability or special need?  
 Yes If Yes, please describe \_\_\_\_\_  
 No
  
6. Who diagnosed or identified this condition?  
 My Child's Doctor  
 Specialist  
 Other (please explain) \_\_\_\_\_

7. Please tell us about any of your other children:

First Name	Birthdate	Gender		Adopted		If Yes, From Where?
		M	F	Yes	No	
		M	F	Yes	No	
		M	F	Yes	No	
		M	F	Yes	No	
		M	F	Yes	No	
		M	F	Yes	No	

**Section B: First Impressions of Your Child**

Please tell us what you noticed about your child the very first time you met him or her.				
	Not At All True	A Little True	Somewhat True	Very True
a) Avoided eye contact with me	1	2	3	4
b) Wanted me to hold him/her	1	2	3	4
c) Cried for no particular reason	1	2	3	4
d) Often goes into a rage	1	2	3	4
e) Enjoyed being with me	1	2	3	4
f) Refused to be fed by me	1	2	3	4
g) Liked me giving her/him affection	1	2	3	4
h) Resisted my attempts to be helpful	1	2	3	4
i) Wanted me to play with her/him	1	2	3	4

### Section C: My Child's Behavior Right After Adoption

Think back about your child's behavior 3 to 4 weeks following the time you received him or her (upon returning home). Please indicate how true each statement is about his or her behavior.				
	Not At All True	A Little True	Somewhat True	Very True
a) Cried often and a lot	1	2	3	4
b) Smiled at me	1	2	3	4
c) Wanted me to be with her/him all the time	1	2	3	4
d) Preferred being alone	1	2	3	4
e) Seemed to be afraid of me	1	2	3	4
f) Showed affection toward me	1	2	3	4
g) Resisted my attempts to play with him/her	1	2	3	4
h) Seemed to be afraid of my spouse	1	2	3	4
i) Liked being held and comforted by me	1	2	3	4
j) Liked being held by my immediate family	1	2	3	4
k) Went to strangers willingly	1	2	3	4
l) Liked being held by others not in my immediate family	1	2	3	4
m) Adjusted to being held and comforted by me	1	2	3	4

### Section D: Your Child's Behavior After Being Home

Now we would like you to think about your child's behavior during the first 6 to 8 months after you returned home. If your child has not lived with you that long, please tell us how long he or she has been living with you: _____ (months).				
	Not At All True	A Little True	Somewhat True	Very True
a) Developed a good sleeping routine	1	2	3	4
b) Is clingy/won't let me out of her/his sight	1	2	3	4
c) Enjoys his/her new surroundings	1	2	3	4
d) Easily becomes upset if I ask her/his to do something	1	2	3	4
e) Easily upset if in new surroundings	1	2	3	4
f) Has adjusted well to our family routine	1	2	3	4
g) Easily upset if there is a change in routine	1	2	3	4
h) Does not like being around other people	1	2	3	4
i) Has developed good eating habits	1	2	3	4
j) Often goes into a rage	1	2	3	4
k) Won't listen/is defiant	1	2	3	4
l) Goes to strangers willingly	1	2	3	4

### Section E: Concerns About Your Child's Behavior

Please indicate if you have any concerns about your child's behavior that worry or bother you at this time.				
	Not At All Concerned	A Little Concerned	Somewhat Concerned	Very Concerned
a) Eating too little or too much	1	2	3	4
b) Communicating with you	1	2	3	4
c) Communicating with others	1	2	3	4
d) Getting along with other children/siblings	1	2	3	4
e) Easily getting upset or frustrated	1	2	3	4
f) Sleeping too little or too much	1	2	3	4
g) Being sick a lot	1	2	3	4
h) Going to sleep in own room	1	2	3	4
i) Showing affection toward me	1	2	3	4
j) Resisting changes in routine	1	2	3	4
k) Learning the language you speak	1	2	3	4
l) Often going into a rage	1	2	3	4
m) Getting along with adults in the family	1	2	3	4
n) Going to others willingly	1	2	3	4
o) Being defiant	1	2	3	4
p) Other (please describe) _____	1	2	3	4



### Section F: Child Services

This part of the survey asks you for information about any services your child currently receives or received in the past from persons other than your family. Please check all that apply.			
	Never Received	Used to Receive	Currently Receives
a) Early intervention	1	2	3
b) Child care	1	2	3
c) Preschool special education	1	2	3
d) Special education in school	1	2	3
e) English language learning	1	2	3
f) Nursing care	1	2	3
g) Attachment therapy	1	2	3
h) Occupational therapy	1	2	3
i) Physical therapy	1	2	3
j) Nutritional therapy	1	2	3
k) Speech/language therapy	1	2	3
l) Behavior therapy	1	2	3
m) Adoption social work visit	1	2	3
n) Specialists			
Cardiology specialists	1	2	3
Pulmonary specialists	1	2	3
Orthopedic specialists	1	2	3
o) Surgeries (please list) _____ _____	1	2	3
p) Other (please describe) _____	1	2	3

### Section G: Parent/Child Relationship

This section of the survey includes questions about your relationship with your child at this time. Please indicate which response best describes how you feel					
	Never	Rarely	Occasionally	Often	All the Time
a) I feel competent and confident caring for my child	1	2	3	4	5
b) My child feels safest when he or she knows I am around	1	2	3	4	5
c) I very much think of my child as my own child	1	2	3	4	5
d) My child could care less if I left him or her alone	1	2	3	4	5
e) My affective feelings toward my child are strong	1	2	3	4	5
f) My child hugs and kisses me if I have been away from him or her	1	2	3	4	5
g) My child becomes sad or fearful if I am away from him or her	1	2	3	4	5
h) I want other people to know how proud I am about my child	1	2	3	4	5
i) I am impatient when I am with my child	1	2	3	4	5
j) I don't spend as much time with my child as I should	1	2	3	4	5
k) My child seeks me out if he or she becomes upset	1	2	3	4	5
l) My child won't let me out of his or her sight	1	2	3	4	5
m) I very much enjoy taking care of my child	1	2	3	4	5
n) My child does seem interested in me playing with him or her	1	2	3	4	5
o) My child and I are warm and affectionate toward each other	1	2	3	4	5
p) I feel tense and anxious caring for my child	1	2	3	4	5
q) I make good judgments about my child	1	2	3	4	5
r) I feel my child has bonded to me	1	2	3	4	5
s) I feel I have bonded to my child	1	2	3	4	5

### Section H: Parent and Family Well Being

Please tell us how true each of the following statements is for you and your family.				
	Not At All True	A Little True	Somewhat True	Very True
a) I am happy with how my life is going	1	2	3	4
b) Family meal times are stressful	1	2	3	4
c) Our family likes spending time together	1	2	3	4
d) Some days it is hard for me to “get going”	1	2	3	4
e) I enjoy relaxing with other family members	1	2	3	4
f) Family members drive each other crazy	1	2	3	4
g) I let little things bother me	1	2	3	4
h) Our family has the best life possible	1	2	3	4

### Section I: Helpfulness of Supports/ Information

Please tell us the extent to which each of the following has been helpful to you as you parent your adopted child						
	Not used	Nev er	Rarel y	Occasional ly	Ofte n	All the Time
a) My spouse or partner	0	1	2	3	4	5
b) Professionals (doctors, teachers, therapists)	0	1	2	3	4	5
c) My adoption agency	0	1	2	3	4	5
d) My adoption social worker	0	1	2	3	4	5
e) Other parents	0	1	2	3	4	5
f) Church members	0	1	2	3	4	5
g) Online groups (yahoo)	0	1	2	3	4	5
h) Online courses on _____	0	1	2	3	4	5
i) Books about _____	0	1	2	3	4	5
j) Articles about _____	0	1	2	3	4	5

## Section J: Background Information

Please tell us about yourself and your family by completing each section or checking the box that best describes you or your family.

1. Your age in years:

\_\_\_\_\_

2. Relationship to child:

Mother

Father

Other (please describe) \_\_\_\_\_

3. Your ethnic background:

\_\_\_\_\_

4. Your religious affiliation(s):

\_\_\_\_\_

5. Regularly go to church

Yes

No

6. Active in your church

Yes

No

7. Your current marital status:

married

never married

co-parenting relationship

divorced/separated before adoption

divorced/separated after adoption

widowed-spouse passed away before adoption

widowed-spouse passed away after adoption

8. Are you currently employed?

Yes-full-time

Yes-part-time

No

9. Is your spouse/partner currently employed?

- Yes-full-time
- Yes-part-time
- No
- Do not have a spouse or partner

10. What is your highest educational attainment?

- high school
- some college
- college (Degree in \_\_\_\_\_)
- Master's (Degree in \_\_\_\_\_)
- Doctorage/Ph.D./Ed.D/M.D./J.D. (Degree in \_\_\_\_\_)

11. In 2006, what was your approximate combined gross household income in U.S. dollars?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Less than \$19,999 | <input type="checkbox"/> \$60,000-\$69,999   | <input type="checkbox"/> \$110,000-\$119,999 |
| <input type="checkbox"/> \$20,000-\$29,999  | <input type="checkbox"/> \$70,000-\$79,999   | <input type="checkbox"/> \$120,000-\$129,999 |
| <input type="checkbox"/> \$30,000-\$39,999  | <input type="checkbox"/> \$80,000-\$89,999   | <input type="checkbox"/> \$130,000-\$139,999 |
| <input type="checkbox"/> \$40,000-\$49,999  | <input type="checkbox"/> \$90,000-\$99,999   | <input type="checkbox"/> \$140,000-\$149,999 |
| <input type="checkbox"/> \$50,000-\$59,999  | <input type="checkbox"/> \$100,000-\$109,999 | <input type="checkbox"/> More than \$150,000 |

**THANK YOU FOR COMPLETING THIS SURVEY**